

DECORATING CHEAT SHEET

BEDSIDE LAMP HEIGHT

If you want to read in bed, it's important that your lamp is tall enough to direct the light where you need it. Follow this guide to choose the right height for your bedside table lamp.

CALCULATE THE CORRECT HEIGHT

(A) Measure the height from the top of your side table to your eyes when sitting in bed.

(B) Measure the height from the top of your side table to your shoulder when sitting in bed.

(C) The bottom rim of the lampshade should sit between these two heights

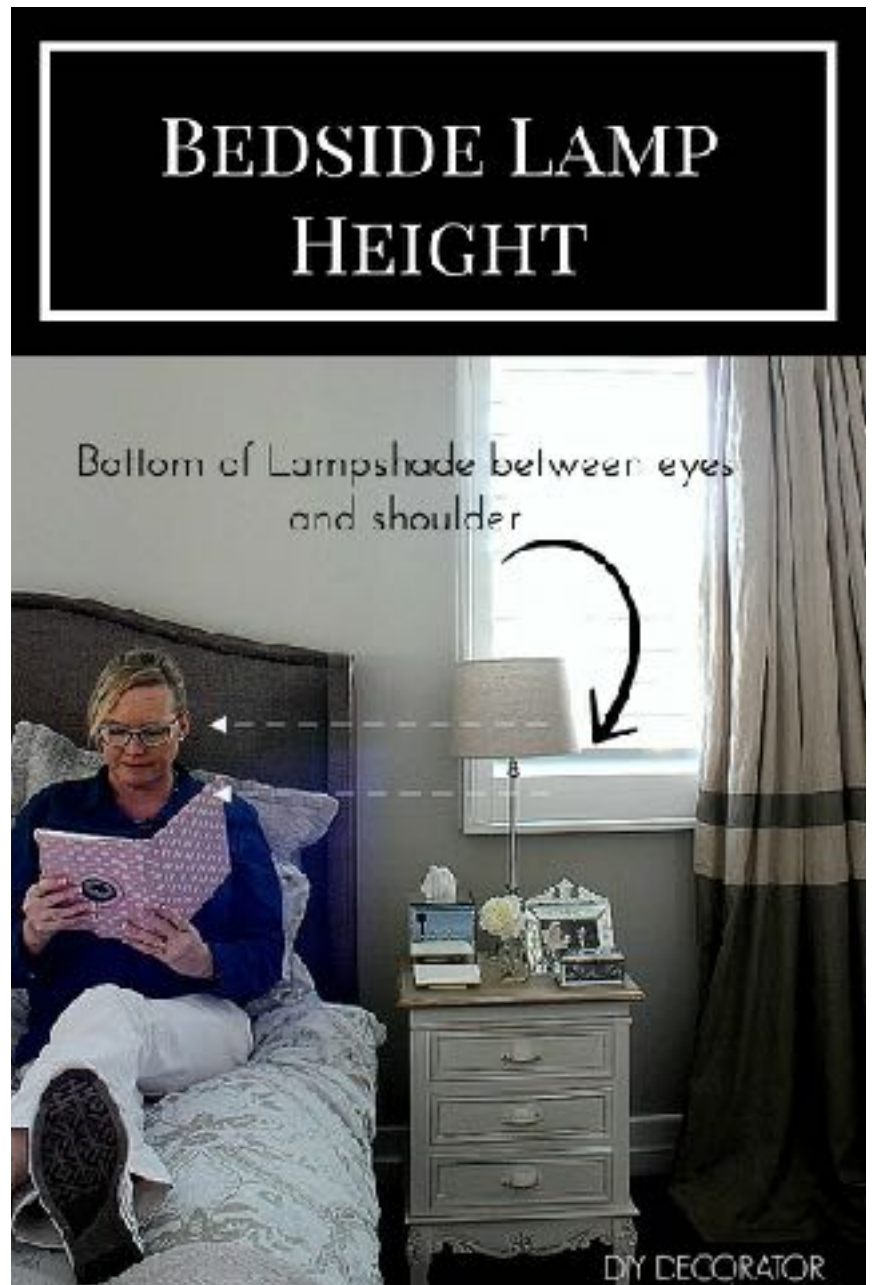
This is commonly 60 - 69cm or 24 - 27"

My Measurements:

(A) Eye Height _____

(B) Shoulder Height _____

When you go shopping for lamp, take this measurement with you and measure the lamp to the bottom of the shade.



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Now to make sure the bedside lamp is the right height for your bedside table. If it's too tall, it will look out of balance.

CALCULATE THE CORRECT HEIGHT

(A) Measure the height of your bedside table (night stand)

(B) Multiply that measurement by 1.5

(C) The result is the maximum height your lamp should be

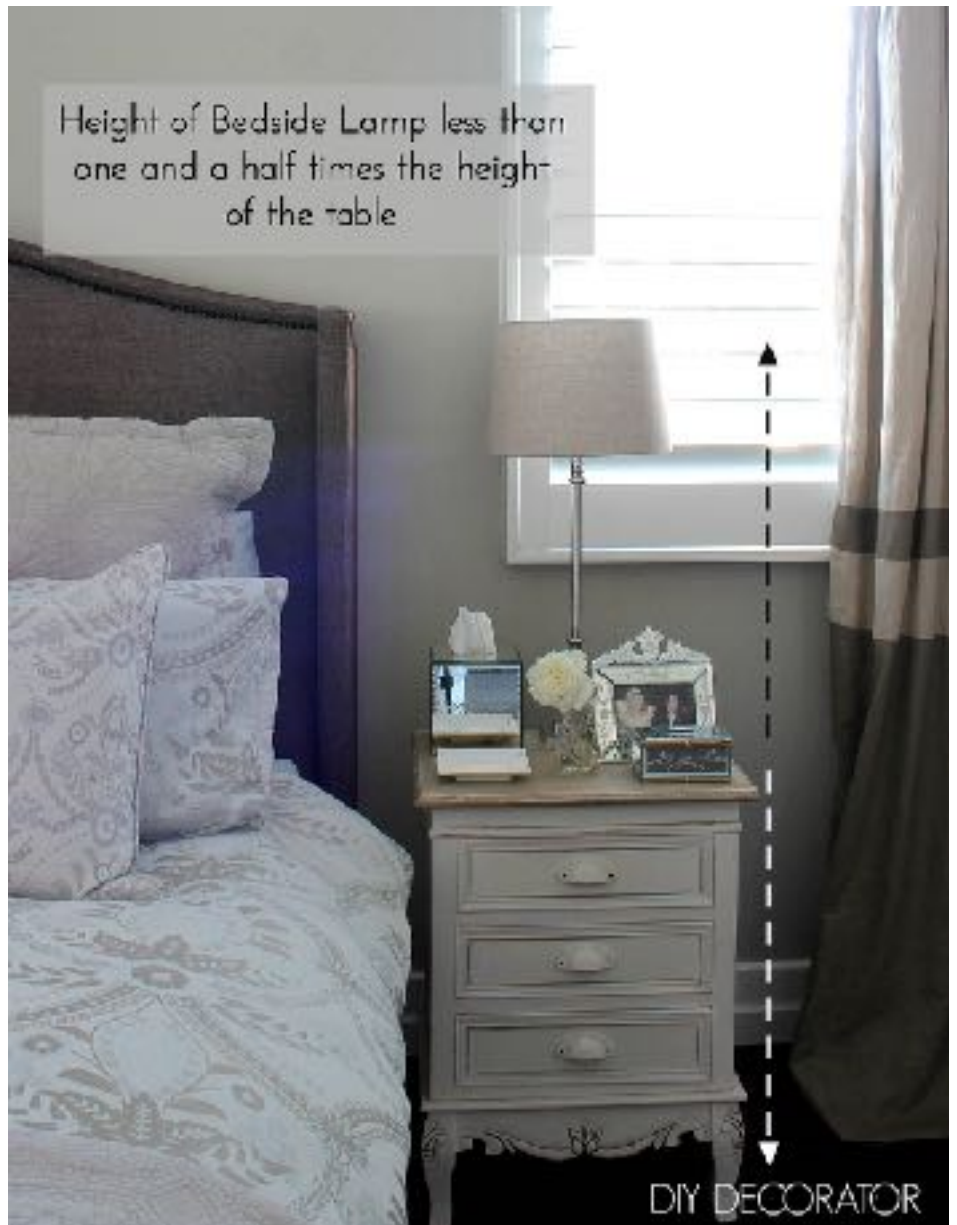
(A) 63cm x (B) 1.5 = (C) 94.5 (lamp pictured is 66cm)

My Measurements:

(A) Table Height _____

(B) x 1.5 =

(C) Maximum Lamp Height _____



When you go shopping for the lamp, take this measurement with you and measure the lamp to the top of the shade.